

Important Initials to Know

AD Waiver

Aged and Disabled Waiver

DDD

Nebraska Department of
Health and Human
Services, Division of
Developmental Disabilities

*The DHHS division which
oversees the AD Waiver*

interRAI

Assessment tool used to
determine Nursing Facility
Level of Care

For information: [https://
interrai.org](https://interrai.org)

Tips for Assessment

When you are interviewed, keep in mind the interRAI is designed to assess a person for Nursing Facility Level of Care.

When you are being assessed, consider your current health status and ability to complete the tasks being asked about.

If you do not understand a question, tell the person completing the assessment. You can ask questions.

The person completing the interRAI is there to gather accurate and current information. This may include asking you to demonstrate specific tasks.

The assessment is completed based on your answers and any demonstrations.

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Aged and Disabled (AD) Waiver

Assessment & Funding

NEBRASKA

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DEPT. OF HEALTH AND HUMAN SERVICES

"Helping People Live Better Lives"

Published 2022

Nursing Facility Level of Care

Nursing Facility Level of Care (NF LOC) refers to the level of care needed by a person living in a nursing facility. Think about the cares a person receives when they live in a nursing facility.

Nursing Facility **Level of Care for Adults** (ages 18 and older) is determined through:

- Activities of daily living;
- Risk factors;
- Medical treatment; and
- Cognition factors.

Nursing Facility **Level of Care for people under the age of 18** has specific regulatory criteria which varies based on the child's age:

- Children birth through 47 months: Needs related to a minimum of one defined medical condition or treatment per Nebraska regulations.
- Children age 48 months through 17 years: Can be met in one of three ways:
 - At least one medical condition or treatment need;
 - Limitations in at least six activities of daily living; or
 - Limitations in at least four activities of daily living and the presence of at least two other considerations.

The interRAI Assessment

The interRAI is the assessment used to evaluate needs, strengths, and preferences for people living in a community environment.

The interRAI is a standardized and validated assessment that is recognized worldwide.

Nebraska uses the interRAI to determine eligibility and level of care for the AD Waiver.

The interRAI looks at:

- Cognition;
- Communication and vision;
- Mood and behavior;
- Psychosocial well-being;
- Functional status;
- Continence;
- Disease diagnoses;
- Health conditions;
- Oral and nutritional status;
- Skin condition;
- Medications;
- Treatments and procedures;
- Responsibility;
- Social supports; and
- Environment.

Funding for Services

Medicaid HCBS waivers allow federal Medicaid funds and state funds, which would otherwise be used to provide services in institutional settings, to be used to pay for home and community-based services.

You must have active Medicaid and be eligible for the Aged and Disabled (AD) Waiver to receive funding and access AD Waiver services.

Currently there are funds for all people eligible for the AD Waiver.

Once eligible and authorized, you will receive services:

- Your person-centered plan is created around the type of services you need to stay safely in your home.
- Funding is based on your person-center plan, so you must create a plan with your Service Coordinator before services can start.
- Your Service Coordinator will authorize your waiver services based on your plan.
- The interRAI assessment is completed annually to continue to meet eligibility requirements.

Nursing Facility Level of Care information is in Nebraska regulations:

Adult LOC at [471 NAC 44](#) and **Children's LOC** at [471 NAC 43](#).