

Home-Delivered Meals

NFOCUS Service Code

Meals Delivered 9040

Service Definition

Home-Delivered Meals is a service for adults on the HCBS Waiver for Aged and Adults and Children with Disabilities (AD) and the Traumatic Brain Injury (TBI) Waiver. It provides a complete meal prepared outside the participant's residence and delivered to their home.

Conditions of Provision

- A. The need for Home-Delivered Meals must be identified during participant assessment and included in the person-centered plan (PCP).
- B. Home-Delivered Meals must:
 - 1. Be delivered on an established schedule;
 - 2. Be transported and delivered using utensils and equipment that are sanitary and maintain proper food temperatures;
 - 3. Use thermos-type containers and disposable or serving dishes which can be sterilized;
 - 4. Reflect the general dietary needs of persons who are aged or have disabilities, as well as the specific dietary needs of each participant;
 - 5. Contain one-third of the minimum daily nutrition requirement per meal for adults using a variety of properly prepared foods from day to day;
 - 6. Not duplicate a meal also provided as a congregate meal; and
 - 7. Meals provided as part of this service shall not constitute a "full nutritional regimen" (three meals per day).
- C. The services under the AD and TBI waivers are limited to additional services not otherwise covered under the Medicaid state plan, but consistent with waiver objectives of avoiding institutionalization.

Provider Requirements

- A. All providers of waiver services must:
 - 1. Be a Medicaid provider;
 - 2. Comply with all applicable Titles of the Nebraska Administrative Code and Nebraska State Statutes;
 - 3. Adhere to standards described in the Division of Medicaid and Long-Term Care Service Provider Agreement;
 - 4. Complete DHHS trainings upon request; and
 - 5. Use universal precautions.
- B. Home-Delivered Meals providers that meet the definition of a food establishment in Nebraska Revised Statutes § 81-2,257.01 must follow regulations and procedures outlined in the above statute, also known as the Nebraska Food Code. A "food establishment" is defined as an

- operation that stores, prepares, packages, serves, sells, vends, or otherwise provides food for human consumption.
- C. Home-Delivered Meals providers that meet the definition of a health care facility, including assisted living facilities or nursing facilities, are directed by their licensing regulations for food preparation and safety.
 - D. DHHS enrolls providers of Home-Delivered Meals ensuring all applicable federal, state, and local laws and regulations are met. See Neb. Rev. Stat. §§ 81-2,257.01 and 81-2,244.01, and the Nebraska Food Code as published by the Nebraska Department of Agriculture.
 - 1. Providers must ensure that food preparation facilities and areas conform to all established local, state, or federal fire prevention, sanitation, zoning, and facility maintenance standards.
 - 2. Food preparation personnel must be in good health and free from contagious disease and skilled and instructed in sanitary food handling, preparation, and serving practices.

Rates

- A. Home-Delivered Meals rates are established by DHHS.
- B. Rates are a combination of fixed and negotiated rates, depending on provider type.
- C. Established rates may change annually.
- D. The billing frequency is by meal.