

DEPT. OF HEALTH AND HUMAN SERVICES



HCBS Final Settings Rule

State Transition Plan Heightened Scrutiny Reviews

Provider: Tabitha Prairie Commons Assisted Living
Date of Compliance: February 7, 2025
Service: Assisted Living
Address: 3490 Ewoldt Street, Grand Island, NE 68803

Prong #2: Settings on the grounds of, or adjacent to, a public institution.

HCBS Heightened Scrutiny Evidence Worksheet



Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES



Jim Pillen, Governor

HCBS Heightened Scrutiny Evidence Worksheet

You are being asked to provide a package of evidence demonstrating how your facility meets the Medicaid Waiver Home and Community-Based Services (HCBS) settings requirements. Please provide the information requested below. Include any relevant information that supports or demonstrates that your facility is a true HCBS setting, in keeping with the intent of person-centeredness, independence and choice.

Please do NOT include any personally identifiable or protected information, including any photos of facility residents. Any attached documents should have personally identifiable and protected information redacted (e.g. blacked out) prior to submission.

Provider Name: <u>abitha at Praivic Cummons</u> Date of Submission: <u>11-14-24</u>
Provider Address: 3490 Ewoldt Street Grand Island, NE 68803
Capacity of Site: <u>40</u> Number of HCBS Waiver individuals at the site: <u>None</u>
(Capacity of Site: $-\frac{\sqrt{0}}{\omega r II}$ be $10\% \sigma f$ current (Capacity amounts will not be published publicly on the "Heightened Scrutiny" spreadsheet.) Census

Type of institutional facility this setting is co-located in: (Check any that apply)

✓ Nursing home □ Hospital

I attest the following answers are true and provided to the best of my ability. I further attest that it is my plan to meet the criteria for continued certification as a Medicaid Waiver HCBS setting, prior to [date].

I give permission for DHHS to share my information with my statewide association, so they can assist and support my efforts to meet the HCBS criteria (check as many as apply):

ץ LeadingAge ☞ Nebraska Health Care Association

Provider Signature	Donya LVanPele	
Provider Printed Name	Tonya L VanPelt	_Date _11 - 14 - 24

Q1 – Physicial Location

1. Describe the physical location of the site: (Include a description of the physical characteristics of where the site is located including zoning, proximity to neighbors and community services, etc.)

Tabitha at Prairie Commons is physically located at 3490 Ewoldt Street. Tabitha is building # 3 area D in Grand Island Nebraska 68803. We are adjacent to husker highway, and the cross street is Prairie View Road.

Our buildings physical characteristics include a white and blue building approximately ¼ mile in length. The south side of our community is 4 stories high where our independent living reside. The middle of the building has 2 stories that house our assisted living on the second floor and our memory care is on the 1st floor. On the north side of our building we have 1 level which is where our long term residents and skilled care units are located.

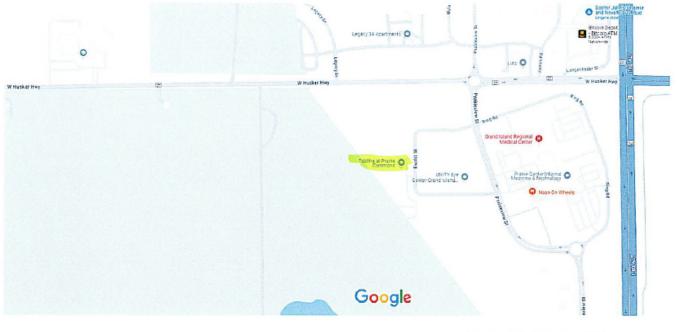
Our zoning description is as follows: VJP7 & 9W - Grand Island, Nebraska.

We are approximately ½ mile from Bryan Health Hospital and clinics, ½ mile to legacy apartment, and ¼ mile from unity eye care center.



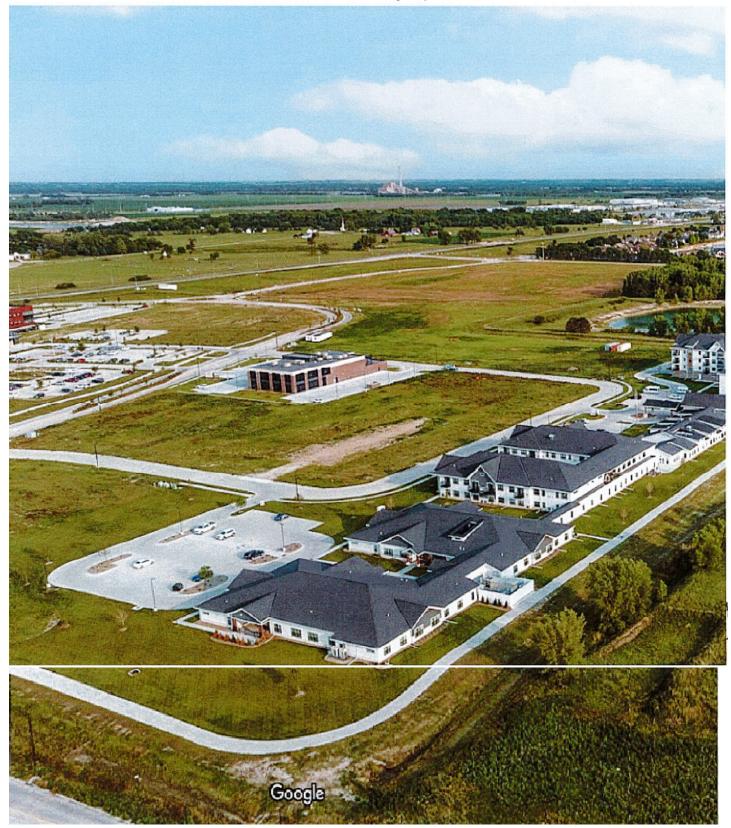






Map data ©2024 Google 200 ft 🛏

Tabitha at Prairie Commons - Google Maps



2. Community Access

2. Describe how the settings supports consumers in accessing community activities and locations, including the frequency and nature of community activities accessed by consumers residing in the site:

Tabitha residents are encouraged to be social and attend activities that encompass their overall wellbeing. After encouragement from the staff, the resident has the right to attend or decline the activity. We offer many activities both onsite and out of the community. Some of these examples include:

- Variety of daily exercises throughout the week
- Spiritual wellbeing opportunities including Catholic Mass, Bible studies, and Sunday worship services
- Off-site activities such as dining, bowling, scenic daily drives, shopping, and community activities such as entertainment and the fair
- · On-site activities including crafts, ice cream socials, and happy hour
- We celebrate important days of our resident's lives and recognize birthdays, anniversaries, and holiday meals/events/activities
- Provide our residents with opportunities that create purposeful living by inviting them to join our bell choir and/or Tabitha Singers choir
- Recognize that our Residents are individuals with amazing stories to tell. Allowing them to share
 their unique stories, adventures, and talents to us and other residents at resident lead events.
- Taking opportunities in the community to volunteer and get our residents involved. A great example was taking treats to our first responders and fire fighters on the 4th of July.

We provide several opportunities for residents to voice their thoughts and opinions on what they would like to see on the calendar the following month both at resident councils that are held monthly along with the satisfaction surveys we conduct 3 times after move in.

2. Evidence – Activities Calendars – Memory Care

-	¥	-	ember 20 Memory Care			PRAIRIE COMMON: ORG/PRAIRIECOMMON:
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 Hymn sing along ¹ 10:15 Worship w/ Pastor Jim 11:45 Brain Teasers 3:00 Foodies Club- Cookles	Labor Day	3 9.00 Deily Chronicle 9.30 Char Strengthuning 10:00 Bible Study 2:30 Fish tank craft 3:30 Scarle Ride OT 8:30 Noddle Ball	4 9:00 Daily Chronicle 10:15 Westside Lanee (sign-up required) OT 2:30 iso Croam Social 3:30 Scenic Ride OT 5:30 Molie B Polka-138	5 8:00 Daily Chronicle 6:30 Movement 2 Musio 10:00 Amethali Travel- National Parks 2:30 Binge 3:30 Scenic Ride OT 6:30 Bean bag Iosa	6 9:00 Daily Chronicle 10:00 Contura Hills (sign-up required) OT 2:30 Happy Hour 3:30 Sconie Ride OT 6:30 Table Hockey	7 9:00 Cranium Crunches 9:30 Creative Colouring 11:45 Daily Chronicle 2:00 Husker Volleyball 6:30 Husker Football
8 10:15 Worship w/ Pastor Jim 11:45 Brain Teasers 3:00 Donut Social Grandparents Day	9 9:00 Daily Chronicle 9:30 Monday Stretches 10:00 Manicurae 2:30 One on One's 3:30 Scenic Ride OT 6:30 Puzzles/Table games	9:00 Daily Chronicle 10 9:30 Chair Strengthening 10:00 Bible Study 1:30 Ribben Cutling T.C 2:30 Bracelet craft 3:30 Scene Role OT 6:30 Balloon volley ball	9:00 Daily Chronicle 9:30 Sit and be ft 10:00 Armichaly Travel- Mexico City 2:30 Ice Cream Social 3:30 Scenic Ride OT 5:30 Mollie B Polka-138	12 9:00 Daily Chronicle 9:30 Movement 2 Music 10:00 Arcmethenapy & Hand massage 2:30 Bingo 3:30 Scenic Ride OT 6:30 Ring Toss	13 9.00 Delly Chronicle 9:30 Chair Zamba 10:00 Ficlay the 13th 1:30 Julie Couch CH 3:30 Happy Hour 6:30 Parachute Game	14 9:00 Cranium Crunches 9:30 White board games 11:45 Daily Chronicle 2:00 Husker Volleyball 6:30 Husker Football
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22 astor Jim 1:45 Brain Teasers 00 Foodies Club- Carmel Apples Fall Begins	23 9:00 Daly Chronicle 9:30 Monday Stretches 10:00 Manicures 2:30 One on Crea's 3:00 Barns tell a story CH 6:30 Puzzle/Table games	24 9:00 Daily Chronicle 9:30 Chair Strengthening 10:00 Bble Study 2:00 Fail (rail) 3:30 Stenio Ride OT 6:30 Balloon volley ball	25 9:00 Daily Chronicle 9:30 Sit and be fit 10:00 Tea/Short stories 2:30 Birthday Bash 3:30 Scenic Ride OT 5:30 Mollie B Polka-138	26 9:00 Deily Chronicle 9:30 Movement 2 Music 11:00 Resident Council 2:00 Prainle Dufolmers CH 3:30 Sourie Ride CT 6:30 Bingo	9:00 Daily Chronicle 9:00 Chair Zumba 10:00 Aromathorapy & Hand massage 2:30 Happy Hour 3:30 Scenic Ride OT 8:30 Parachute Game	28 9:00 Daily Chronicle 9:30 Cranium Crunches 11:00 Husker Football 2:30 Movie Matinee- Matilda 6:00 Bingo
29 00 Hymn sing along 0:15 Worship w/	9:00 Daily Chronicle 30 9:30 Monday Stretches 10:00 Manicures	Husker Football 9/7-Colorado 6:30pm 9/14-N.lows 6:30pm	- ZWelco	ne 🖌	Volley Ball 9/5 – The Citadel 6:00pm 9/7-Montana State 2:00pm 9/10-Creighton 7:90pm	9/22-Louisville TBD 9/27-Ucla 7:00pm 9/29-USC 6:30pm
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2. Evidence – Activities Calendar – IL & AL

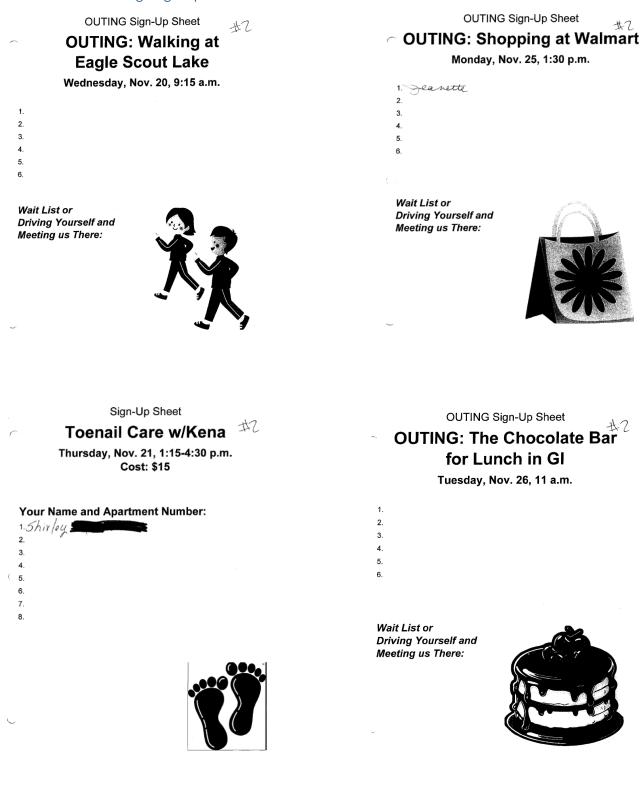
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800 Worship with Pester Jim <u>CH</u> Beatir Day	9:00 Chair Exercise FE 7 10:00 Hote Study EH 1:00 Celling Celly Holtzmon Decor Start-to resurce? PUB 3:30 Pitch is the Pub PUB Boost Your Brain Cay	930 Line Dance w/ Christine (11) 10:45 CU LING: Lunch at the Valid to Gazer * 3(propri- calined* DT 3:30 Name that Turel PLB Tures Tuesday	0:30 Waking Qub IC 9 9:30 Fixe Paints Bank LIBRARY 10:30 Bid Crait Performance In Tabitus Gilled Gara (El) 10:00 sec forcer Bane 1428 4:00 OUTING: Apportures at 4:00 OUTING: Apportures at 4:00 OUTING: Apportures at 4:00 OUTING: Apportures at 1:00 Spaalaousy with Tonya "sign- ap required" (JT	9:30 Chair Exercise FR 10 10:30 Birgol CH 2:00 ot THIS. Tr. Height's Purpkin Parts Yaga-to re- guired 10	9:30 Chair Zumbe <u>CH</u> 2:10 Jeoparty Trivia <u>CH</u> 3:10 Hoppy Hour <u>PLE</u> 7:10 Cards & Games <u>PJH</u>	200 Fhase 10 card game W Amanda L Universal Music Day
9:00 Worship with Pastor Jun <u>GH</u>	9:30 Chair Exercise FR 14 10:30 Dista Study GH 11:40 Centry for a Cause - Fin Orientent: PUB 3:30 Borus Bingel CH	5:30 Cardo Drumning with 15 Cardsine <u>FF</u> 11:00 CONTROL Lunch at Plane Hat twign-up megrimet*01 12:00 Candigweit Stuppet Group Lunch - ROVE to Minta PUB 1:00 Candigweit Tracy AL 3:00 TWIG Candigweit Tracy AL 3:00 TWIG Candigweit Plane National Plaza Nut Day	9:00 Welking Club TC 16 11:00 Del Chef Pasctee FB 2:00 Armondel Travel Club - Borneo CH 3:00 Pumpion Floats PUB	9:30 Chair Ecercise FR 17 18:00 Lades Tee & Treats <u>01</u> 1:15:4:80 Teensil Care Solor- up required 3:30 Bingol <u>CH</u> Thirk: Fosibles Thursday	9:20 Chair Zamite CH 10:50 Dominos: BUB 24 Ottoardest Musical Guest Asscal Marthes and sear Tasting - Commanity Swerth TC 7:00 Cards & Games PUB	Potluck Potluck Dinner
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27 9:00 Worshib with Faeror Jim <u>CH</u>	9:00 Ona' Exercise FF. 28 10:04 EXEN SUBY <u>CH</u> 11:04 Conting for a Gause Fan Convenient <u>EUB</u> 1:00 Procise <u>PUB</u> 1:00 Procise P	23 Sciel Cardio Comming with Christins EB 17:31 Mischal Gross: 17:31 Austral Gross: 17:31 Austral Gross: 17:31 Austral Gross: 13:31 Austral Gross 13:32 Austral Gross 14:32 Austral Gross 14:34 Austral Gross	9:30 Welking Cib 12: 30 11:00 Emil Cint Frestice 3 1:02 Tablina Chairperotae with Linds W. CH 2:00 Colour Birthlar Sent w/Care 5 Kr Cran RUE	830 Chair Exercise EB 11:00 Resident Council Cell 300 Halloween Party with Birge and reats Halloween	* October is * Alog a shore rog room Novi front ris Provide North Noview North Noview North Billinie North Clame bool North	Nuslei Brondes Varrih Reitre Edwing Marth Starry Colocing Marth Watz water, North Reite, Janes Marth Reite, Janes Marth Reite, J. Chernate Wath Cararrell Istarth Protocol Marth Reite, J. Chernate Marth, Starth Protocol Marth Reite, J. Starth Reite, J. Starth Protocol Starth Protocol Starth Protocol Starth Protocol Starth

Christine Hollister, Life Enrichment Event Coordinator | 308.850.7975 | Christine.Hollister@Tabitha.org

		Nov	ember 20	24	GRAD CA.	BITHA PRAIRIE COMMONS RG/PRAIRIECOMMONS
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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9:00 Woshis with 3 Peater Jiw <u>CH</u> Fall Back Day	920 Chair Beerdoo FR 4 15:00 Bible Stady CH 11:00 Chairing for a Cause - Fun Crossments FLIE 1:30 Chairing for a Cause, Coe Envert PLIE 2:30 Karaskowih Todd F. PLB	830 OUTING: Vote at HeartInds Lutheran "sign-up required" 31 6:30 Execution 1150 Config 13:00 Cathelis More CM 13:00 Orber and Heartand Lutheran "sign-up required" 31 7:02 Fees Cub w/ Jule MR Election Day	9:30 Walking Club TC 9:30 Five Pains Bank <u>LERARY</u> 6 11:00 Bell Oron Practice <u>FC</u> 116 Tabling Choir prostles With Linds W. CH 3:00 Les Casan FUE 3:30 UNO Casid Game <u>FUE</u>	9:00 Tai Chi wi Julie ER 7 10:45 UNO Card Cerre Pute 11:16 1:33 Toesail Caro Way ap regurad ⁴ 1:30 Musical Cuest: Ofly the Modern Konoty IC 3:10 Binget <u>CH</u>	C:00 Chel Zumba Cii 8 2:00 Tabiha Veterans Day Program IC 2:00 Fappy Hour Publis 7:00 Cards & Gamas PUB ★★★★★★ Filentik You Veterans	2:00 France 10 eard game w Amanda Br
exee Weenhip with 10 Pador Jim <u>CH</u> 1-5 Tabitha's Mistletoe Market <u>TC</u> Pursui: of Happiness Week	9:30 Crait Frencise EE 11 15:00 Elio Stady CH 2:00 Amenar Travel Club - Amenaro Netional Parts Clu 3:30 Rome Fingel CH Vaterare Cay	9130 Cantie Dramning with 12 Drinking FR 14 69 DOITMIG: Lunch at Back All required 7 01 1:00 Seven and Track AL 3:00 UNO Carc Game <u>PUR</u>	11:00 Bell Chor Pacice <u>FE</u> 1:31 Tabiha Choir print ce wila Linda W. <u>CH</u> 3:00 Ice Crean <u>FUE</u> World Kindness Day	10:00 Lados Tes & Trests BT 3:00 Bingol CH World Diabetes Cay Teddy Bear Day	9:30 Chair Zanba CH 16 10:30 Dominos FUB 201 Mastar Guest Cun Ric- for TC 300 Hapy Hour PUB 3:00 Hapy Hour PUB 7:00 Cards & Ganas PUB America Recycles Day I Leve to Write Day	COI Pottack Social <u>205</u> Pottack Dinner
17 Brin North Jin Cit World Passo Bry Eible Veer	930 Chair Eservice [E 18 16:04 Bble Study CH 11:04 Food Card Game PUB 1:35 Geting Card Game PUB 1:35 Geting Card Game PUB 1:354 Grief Suppert Group - Be- ing Grabiful Grouvers PUB	5:80 Cardio brunning with Christine ES 11:00 Europa dice geme PUB 12:00 Lanopar Support Group Lunch RSV/B to Kristio PUB 2:30-4 Munic Blos Deres Site R R Rock Ster	9:34 CUTING Walking Cub20 to Hail County Park 'aign-up reported" OT 11:01 Fiel Chair Practice ER 1:34 Tabitis Choir practice with Linza W. (21) 3:00 Wower for Dirichder Risch w/ Cake & Ice Crean FUB	7:31 Ment Collee W Rodrey 127 8:31 Tai Chi Wikile FE 1100 Fester Caurci 21 1116 4:35 Toonal Carc Tegn-up resured [*] 1:35 Binge CH 1:35 Binge CH 1:35 Singe CH 2:35	9:10 Chair Zumba CH 22 10:16 OUTINC: Descrite Stuhr Russium Christens Tran Sign- to septified Off 2:10 Jeeptifie) Towar CH 3:10 Compties Hoppy Hour PUB 7:00 Cards & Garres	23 230 Open Clarting - Neel in the Natives Room to vorce as a project of voice thicko- conting, bracelets, ornaments etc. <u>MR</u> Family Volumeer Bay
24 9:00 Worship with Pastor Jin <u>CH</u> Genes & Pazzles Work	Chair Exercise E2 25 10:00 Bibs Study CH Thitte Schart Chair Chai	25 26 Cardo Drumming with Cardian <u>r13</u> 11:00 OUTING: The Checelate Bar for Lunch "sign-up ni- guided" OI 3:30 UNO Card Gene PUB Kational Cale Day	9:35 Walding Cite Jr. 27 11:01 Eal Cheir Practice FR 11:37 Tablist Cheir practice with Link at W. 22 2:30 Prich Parkywith the community - Invite your friends Line 3.31 loc Grean Bars PJD	28 Thanksgiving	9:00 Chair Zumba <u>CH</u> 10:30 Damiliose <u>FUB</u> 1:30 Christmas Excensed <u>FC</u> 1:30 Happ Hour <u>PLB</u> 7:30 Cards & Somes <u>PUB</u>	30 GrazyHa: Day

Christine Hollister, Life Enrichment Event Coordinator | 308.850.7975 | Christine Hollister@Tabitha.org

2. – Evidence - Outings Sign Up



Tabitha Health Care Services Policy & Procedure Manual

Activities Program - ALF



PURPOSE: To ensure Tabitha Assisted Living Community Elders' activity interests are met.

POLICY: Tabitha Assisted Living Community employees plan and provide ongoing activities to meet the interests of the residents and to promote the well-being of the residents.

PROCEDURE:

- The Administrator designates employees of Tabitha Assisted Living Communities to plan ongoing activities for the residents.
- The designated employees review the resident's interests and develop a written plan of activities for the upcoming month to include planned activities for all days of the week, including weekends.
- Once each month, designated employees print the written plan and distribute the plan to all residents and post a copy on activity board daily.
- 4. The planned activities should focus on mind, body and spirit:
 - A. Physical activities (exercise sessions, routine outdoor walks)
 - B. Social (birthday parties, welcome new residents)
 - C. Craft and handwork (oil painting, green ware painting, watercolors, woodwork)
 - D. Religious or spiritual (bible class, religious service, communication with religious leaders as desired by the resident)
 - E. Games (bingo, bridge, Scrabble, pitch)
 - F. Educational (computer and internet use, newspaper, magazines, television programs)
 - G. Volunteers (intergenerational visits, musical programs, one-to-one visits)
 - H. Community groups
- Direct care staff have available equipment and supplies and/or knowledge of spontaneous activity ideas for residents to partake in when not involved in the planned activities. The spontaneous activities include, but are not limited to;
 - A. Entertainment (videos, radio, television)
 - B. Reading (magazines, books)
 - C. Games, letter-writing, needlework, sports, or crafts
- All employees encourage residents to participate in the planned or spontaneous activities and social interactions.
- 7. All employees engage in conversation with the residents on a daily basis.
- The consumer satisfaction survey will include questions about the activities program of Tabitha Assisted Living Communities.

The most current version of all policies are posted electronically. Date Approved: 01/02/2015 Original Creation Date: Page 1 of 2



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 Employees will use the results from the consumer satisfaction survey to modify the activities program as indicated along with the interests of newly-admitted residents and the changing interests of established residents.

Q3. Transportation Source and Utilization

Describe the typical source and utilization of transportation by the residents of the site:

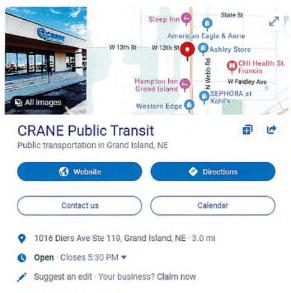
The residents have several options for transportation that include:

- Two Tabitha vans with 8 passenger capacity
- Tabitha Suv
- Tabitha min-van
- Public transportation Crane Services
- Personal Vehicles
- Family transportation
- Uber
- Taxi

Tabitha transportation is typically used for medical appointments in the Assisted and Memory care floors. We accommodate residents to their appointments for a fee of \$32.00 round trip and \$225.00 for an out of town appointment. If a resident has a personal errand we encourage the resident to use our transportation on the day we are offering store of choice on the activity calendar, ask a family member to transport, or use the public transportation. A new advancement seniors are learning is to use grocery store apps and have things delivered through Wal-mart and sometimes Hyvee.

3. Evidence – Area Maps

Route of Public Transit



Add more information

- ▲ Add phone number 308-646-0069
- Add photos

CRANE Public Transit is the public transit system for the Urbanized Area of Grand Island, Nebraska. The City of Grand Island currently contracts with Brown Transit, Inc. to provide transit ... See more

Data from: Nicelocal.com

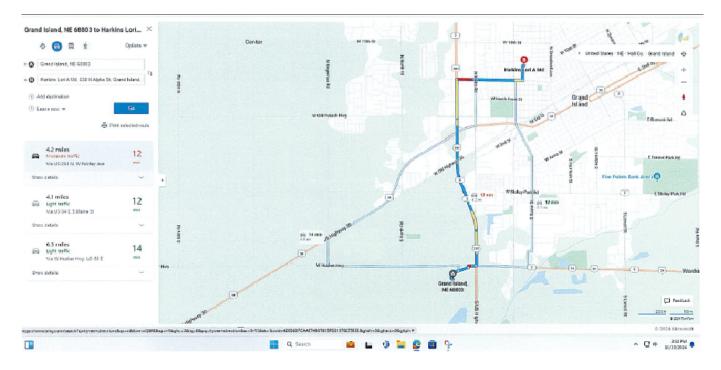
Route to Hy-Vee



Route to library



Route to Doctor's office



3. Evidence – Appointment Schedules

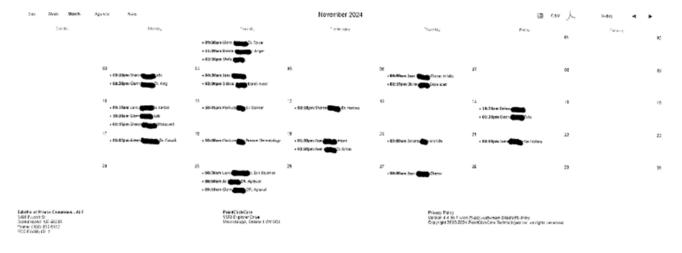
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3. Evidence – Transportation Policy and Procedure

Tabitha Health Care Services Policy & Procedure Manual Transportation Services

PURPOSE:

To define a clear and comprehensive guideline for Transportation Services within the Tabitha Continuum

POLICY:

Tabiha Health Care Services provides non-emergent medical Transportation Services within the continuum to meet the need of the elders

PROCEDURE:

Service Area

- Tabitha offers Services for the Following Areas:
 - o Telvilha The Club Adul: Doy Services
 - o Tabitha Nursing and Rehabilitation Center (Lincoln)
 - o GracePointe Assisted Living & Memory Care Suites
 - o Jabitha Village Independent Living Apertments. Sage Living
 - Tabitha in Crete The Gardens
 - Tabitha Residences (Lincoln, Williamsburg, and Crete)
- Tabiha offers transportation within the state of Nebraska

Operational Service Hours

8:00a - 4:30p

8:00p - 4:30p

- Monday thru Friday 7:80 A.M. and 5:30 P.M., on-call hours Saturday and Sunday 10:05 A.M. and AGP M. COMP.
- Dialysis appointments are offered 24/7 365 days a year
- Transportation offers weekend trips for approved scheduled appointments
 - Weekend on-call is reserved for admissions and dialysis appointments only. All other weekend Transportation appointments need to be approved prior to holiday/weekends

Staff

- All transportation drivers and resident assistants (CNA) are required to have current CPR and first aid certifications
- Drivers cannot accept tips
- Drivers and Resident Assistants (CNA) must meet HR requirements for employment

Safety Requirements

- Passengers may enter the bus via stairs or the wheel chair lift. All passengers are required to be seated and have seat belts fastened at all times.
- A passenger may have a family member accompany them

- Drivers are not allowed to assist passengers with their groceries/packages nor accompany riders into their residence. Curb to Curb service or very limited door to door (driving up a difficult driveway) will only be provided. The driver should stay with the bus at all times unless the bus is parked, empty and turned off (This is a liability issue).
- · Only certified service animals are allowed on the bus
- A client or an individual with a disability may travel on the bus with a portable oxygen supply, consistent with applicable DOT rules on the transportation of hazardous material
 - The unit or canister must be secured firmly to wheel chair, or strapped/tied down where it will not to be a projectile in case of sudden stop or accident.
- Smoking is not permitted on any Tabitha Vehicle

Reservations

- Emergency Room visits need to be performed by ambulance service
- Tabitha Transportation does not make clinical appointments
- Reservations need to be entered through unit clerks, nurse manager, or other approved staff.
- Drivers will make every effort to pick up and drop off in a timely fashion
- Tabitha only offers transportation services to clients in the Tabitha Health Care Continuum
- Family members are acceptable to accompany elders to appointments where an aide would be needed
- Residents that fall under the following categories must be accompanied by a Resident Assistant (CNA)
 - Wandering
 - Abusive or harmful behavior
 - Cognitive impairment
 - Inability to toilet independently

- Behavior health problems
- Chronic unmanaged incontinence
- Regular occurring seizures

#

Q4 – Staff Training

4. Describe qualifications and training for the nursing home, hospital, and assisted living staff related to the requirements of HCBS and philosophies of community-based living: (Describe your policies related to staff qualifications and training relevant to HCBS-this may include Person-Centered Thinking and practices. Provide information related to the resources or efforts to support person-centered practices and HCBS concepts.)

Assisted living staff receive comprehensive training upon hire and annually at the facility. This includes online learning modules that cover basic concepts including but not limited to resident rights, abuse and neglect, safety, dementia and dementia related behaviors, trauma informed care, culturally competent care, preventing elopement, and infection control. In person training covers key topics such as clinical safety (preventing fails, elopements, etc.), professional practice expectations, safe patient handling / transfers / ambulation, personal cares / activities of daily living, resident treatment / abuse / neglect, caring for clients with memory related deficits and individualized interventions, and resident decline / end of life cares.

Q5 – Interconnectedness

5. Describe the interconnectedness of your site and the institutional facility: (Including administrative and financial)

Tabitha at Prairie Commons offers a full continuum of care including Independent Living, Assisted Living, Memory Care, Skilled Care, and Long-Term Care. All areas are connected under the same roof but separated by hallways and doors to each separate area. All residents are welcome in any of the commons areas in Town Center. Town Center is located at the main entrance for Independent Living and Assisted Living. It includes the Bistro, the Chapel/Gathering Place, the Lounge, and seating areas. Whirlpool spa areas are located in Assisted Living and Memory Care, only used by residents residing there. There is also Whirlpool spa areas located in Skilled and Long-Term Care area, only to be utilized by those residents residing in this area. Each resident in all areas have private bathrooms and showers in the apartments/rooms. Finances, such as resident billing, is completed through the accounting department of Tabitha Inc. Budgets are separated by care areas and departments.

5.Evidence – Facility Maps LEVEL ONE | MEMORY CARE



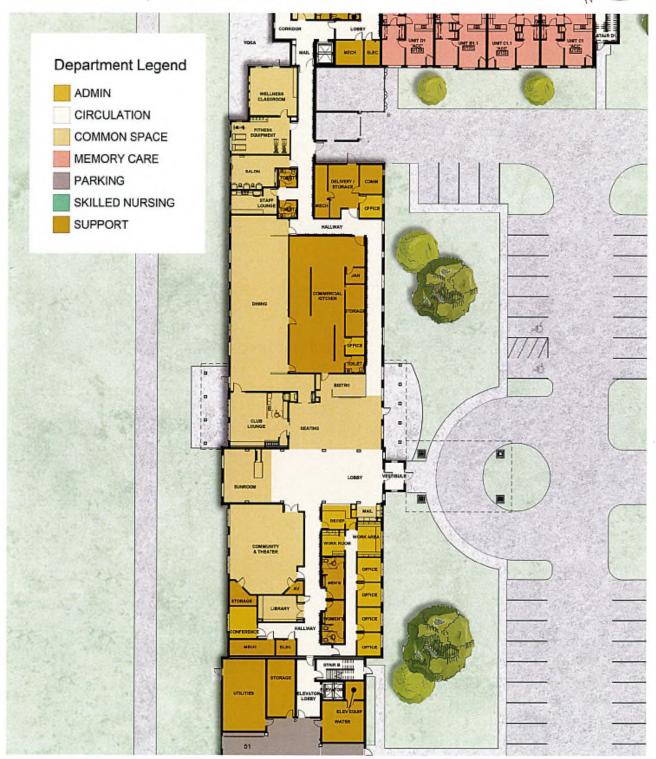
TabithaPrairieCommons.org 3490 Ewoldt Street, Grand Island, NE 68803

Equal housing opportunity, <2022 Tabitba, Inc. Not to scale. Actual dimensions and layout (including window placement) may vary by building location.



"

LEVEL ONE | TOWN CENTER



TabithaPrairieCommons.org | 3490 Ewoldt Street, Grand Island, NE 68803

TABITHA # PRAIRIE COMMONS

Equal housing opportunity. ©2021 Tabitha, Inc. Not to scale. Actual dimensions and layout (including window placement) may vary by building location. 5

LEVEL TWO | ASSISTED LIVING



Page 24 | 32

Q6 - Staffing

Describe to what extent are any of the institutional facility staff assigned to this setting: (Including any limited basis to support or back up assignments).

Campus Administrator

This administrator is currently manages operations all areas/units of the facility. Designated time is scheduled in assisted living on a regular basis. There is a full time assistant administrator scheduled 40 hours/week in the Skilled and Long-term care area.

Resident Services Director is a shared position serving independent living, assisted living and memory care areas. This position completes all pre-admission and admission paperwork with new residents, files long-term care insurance claims, assists as a nurse liaison, completes satisfaction surveys with residents, and focuses on resident experiences.

Culinary Manager

This manager manages food operations in all areas of the facility. The Culinary Manager is also a CDM and spends approximately .75% of time in Skilled and Long-Term Care. There is a full time assistant culinary manager the is scheduled the majority of her 40 hr week in the main kitchen, serving Independent Living and Assisted Living/Memory Care areas.

Director of Nursing for Assisted Living/Memory Care This DON is soley serving Assisted Living and Memory Care areas.

Medication Aides and Certified Nursing Assistants are utilized in Assisted Living and Memory Care. They are able to also work in the Skilled and Long-Term Care area, if desired; however never on the same shift. Staff are not allowed to "float" between care areas while working any given shift.

Housekeeping staff are trained to work in all areas of the community; however, a designated housekeeper is assigned to Assisted Living and Memory Care daily.

Maintenance staff serve all care areas of the facility. Work orders are submitted by staff in their care areas. The maintenance director assigns the maintenance staff to each area of the facility as needed.

Provider Setting Final Rule Checklist-Assisted Living Facility

NEBRASKA

Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES



Jim Pillen, Governor

Provider Setting Final Rule Checklist-Assisted Living Facility

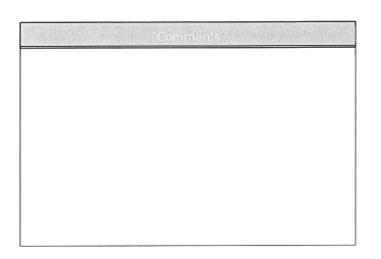
ONSITE	VISIT INFORMATION				
	Living name:	Tabitha Prairie Nicole Obremus 5-07-2024/11	Common	s Assist	Ed living
Resourc	e Developer:	Nicole Obremus	5		J
Onsite V	/isit Date:	5-07-2024 / 11	-14-24		
POLICY I	<u>REVIEW</u>		YES	NO	DESCRIBE EVIDENCE
buil prev	lding at any time? Guid	independently enter and leave the lance: Are any doors locked that are any rules in place that limit eave?	Ø		ALF YES memory sug w escort
		choose to come and go without a ? Guidance: Is there a curfew?	Æ		
cho Guia Iong	osing? dance: Can visitors be	have visitors at a time of their there any time of day, early/late as on the rights and safety of other	æ,		
Guid	dance: Does the ALF h	y overnight without restrictions? ave restrictions on visitors? Can he individuals apartments?	B		
dini Guia	ing room?	choice in where they sit in the als choose where and who they sit art?			
		privately, if they choose? Guidance: or at different times than others?	<₽⇒		
Guid	dance: Can individuals	choose their own provider? choose their own hairdresser or use providers the ALF provides?	æ		
Are		their wake/sleep times? Guidance: get up at a certain time/or go to	স্ক্র		
Guid		their bath times and frequency? bathe when and how often as they	CEL,		UTURA ANA TOURISM IS COME AND A STATE

Helping People Live Better Lives

10.	Does the assisted living follow the HCBS policy which provides for multiple occupancy only on an exceptional basis? Guidance: Are individuals allowed to share a room with a person of that residents choosing, upon consent of that person?	æ		
11.	If the individual would like to work, is there activity that ensures that the option is pursued? <i>Guidance: Are individuals</i> encouraged to work in the community if they desire to do so?	æ		Community Projects e
<u>D85</u>	ERVATION REVIEW	YES	NO	DESCRIBE EVIDENCE
1.	No gates, Velcro strips, locked doors, or other barriers are preventing individuals' entrance to or exit from certain areas of the setting? Guidance: The common areas of the assisted living facility are accessible to all individuals. The only locked doors are rooms such as the nurse's station, mechanical closet, etc.	æ		Key tob memory ear family hav fails
2.	Are appliances accessible to individuals and are they able to use them? Guidance: Refrigerator/microwave available in room or easily accessible? Are there any restrictions on usage?	Ø		memory/AL refrigeration a Microscope
3.	Are tables and chairs at a convenient height and location so that individuals can access and use the furniture comfortably? Guidance: The height of appliances, tables and chairs are at appropriate heights so all individuals can easily access and use them.	σØ		
4.	Do staff protect information about the individuals' care by not posting their information and/or discussing their services in public? Guidance: Identifying information is not posted in public areas; private and health matters are discussed in a confidential manner.	Ŗ		
5.	Are the individuals' privacy protected during medication distribution? Guidance: All information is kept private, names are not used if distributing medications in common areas with others around (such as at mealtimes).	CM		
6.	Do individuals have a means of private conversation, including the use of a facility phone or computer in a private area, for those without their own means of communication? Guidance: There is privacy in written communication, including sending and receiving mail and email. There is a telephone with auxiliary aides where calls can be made without being overheard.	Ð		
7.	Are individuals' nails trimmed and clean? Guidance: Are there any concerns with the individual's hygiene?	4P		
8.	Does the setting provide opportunities for regular, meaningful activities in integrated community settings for the period of	۶P		Activity for Memory supp & AKF/Ind Sept.

	time desired by the participant? Guidance: What are the regular activities and how are activities planned?		
9.	Are individuals dressed in clothes that fit, are clean, and are appropriate for the time of day, weather, and preferences? <i>Guidance: Was the individual the key decision maker with their</i> <i>attire</i> ?	P	
10.	Do the individuals have access to materials to learn of activities in the community? Guidance: Community activities are posted on bulletin boards, calendar of activities in monthly newsletter, access to newspaper, internet access, etc.	£	monthly Cabroor, Daily Calender
11.	Do staff converse with individuals in the setting while alding and during the regular course of daily activities? <i>Guidance:</i> Does staff engage in meaningful conversations with the individuals?	Ŕ	
12.	Does staff address individuals in a manner in which the person would like to be addressed as opposed to routinely addressing individuals as "hon" or "sweetle"? Guidance: Staff interact with individuals in a respectful manner and call them by their preferred/chosen name.	đ	
	Does the participant have full access to the common areas of the ALF? Guidance: All common areas should be physically accessible to all participants. If there are common areas not physically accessible to the participant, and the participant wishes to access these areas, accommodations must be made for access	P	
14.	Are bus and other transportation schedules and telephone numbers posted in a convenient location (where applicable)? Guidance: Public transportation contact numbers and schedules in the area should be posted in a common area. Rural communities might not have public transport, so transportation should be available in other ways.	Ð	Practicled in admission Feellet
	Is information about filing a complaint posted in an obvious location and in an understandable format? <i>Guidance</i> : Information is posted or given to residents when moving in/annually.	Ø	
	Do the individuals in the setting have different haircut/hairstyle and hair color? Guidance: Individuals choose their hairstyle/color, as well as where to have this done. They are not limited to an in-house stylist.	Ŕ	
17.	Does the individual converse with others during meal times? Guidance: If individuals want to engage with others during mealtimes, they feel comfortable and free to do so.	ন্দ্র	
	Does the dining area afford dignity to the diners and are individuals not required to wear bibs or use disposable cutlery, plates, and cups? <i>Guidance: Dignity is afforded to residents in</i> the dining room. Food is presented on reusable dinnerware.	Ą	
	Are the individuals able to furnish and decorate their apartments as they choose? <i>Guidance: Individuals have</i>	/ ^{ED}	INTERPOLITIC CONTRACTOR CONTRACTOR

	personal possessions, including furniture, and decorate their apartment as desired.		
20.	Are the apartment doors lockable by the individual? Guidance: Individuals have a key to their apartment and are able to use the key to lock and unlock their room freely.	Ø	
21.	Are apartments for Medicaid individuals distributed throughout the assisted living? Guidance: Are waiver participants integrated within the rest of the individuals residential areas?	Þ	



Date: 5-07-24/11-14-24 Date: 05-07-2024/11-14-24 Resource Developer Signature: 4 Provider Signature: 2014

Compliance Letter



Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES

February 7, 2025

Tonya L VanPelt Tabitha at Prairie Commons 3490 Ewoldt St Grand Island, NE 68803

Greetings,

Thank you for submitting your Heightened Scrutiny Evidence Worksheet for review as part of the Home and Community-Based Services (HCBS) Final Settings Rule. We appreciate the effort and detail you have provided in your submission. Upon reviewing your evidence, we have assessed the compliance of your settings with the HCBS Final Settings Rule. Below is a summary of our findings and recommendations, incorporating the three prongs of the heightened scrutiny process:

Summary of Findings

Prong 2: Location on the Grounds of, or Adjacent to, a Public Institution

- Evidence Provided: The documentation provided by Tabitha at Prairie Commons indicates the two story building housing the Assisted Living Facility is situated between a four story independent living environment and a long term care and skilled care units.
- Assessment: The setting overcomes the institutional presumption, as it is located on a separate floor of the building from the inpatient institutional treatment area.

Recommendations

We commend your agency's commitment to ensuring that your Assisted Living Facility meets the requirements of the HCBS Final Settings Rule. Thank you for your cooperation and dedication to providing high-quality home and community-based services.

If you have any questions or need further clarification, please do not hesitate to reach out to our office. We are here to support you throughout this process and ensure successful compliance with the HCBS Final Settings Rule.

Thank you,

Wanda Kelley

Wanda Kelley, DHHS Quality Assurance Coordinator Developmental Disabilities & Home and Community-Based Services Nebraska Department of Health and Human Services wanda.kelley@nebraska.gov

Helping People Live Better Lives



Jim Pillen, Governor

Non-Compliance Worksheet – NA, meets compliance requirements

Area of Non-Compliance	Information Needed for Compliance
Federal Requirement #1	
Provider Response:	
Federal Requirement #2	
Provider Response:	
Federal Requirement #3	
Provider Response:	
Federal Requirement #4	
Provider Response:	
Federal Requirement #5	
Provider Response:	
Federal Requirement #6	
Provider Response:	
Federal Requirement #7	
Provider Response:	
Federal Requirement #8	
Provider Response:	
Federal Requirement #9	
Provider Response:	
Federal Requirement #10	
Provider Response:	

CMS HCBS Final Rule: Federal Requirements for HCBS Settings

*Applies only to residential settings.

- Federal Requirement #1: The setting is integrated in and supports full access of individuals receiving Medicaid HCBS to the greater community, including opportunities to seek employment and work in competitive integrated settings, engage in community life, control personal resources, and receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS.
- Federal Requirement #2: The setting is selected by the individual from among setting options including nondisability specific settings. The settings options are identified and documented in the person-centered plan and are based on the individual's needs, preferences, and resources.
- Federal Requirement #3: The setting ensures an individual's rights of privacy, dignity, and respect, and freedom from coercion and restraint.
- Federal Requirement #4: The setting optimizes, but does not regiment, individual initiative, autonomy, and independence in making life choices including but not limited to daily activities, physical environment, and with whom to interact.
- **Federal Requirement #5:** The setting facilitates individual choice regarding services and supports, and who provides them.
- ***Federal Requirement #6:** The setting provides for a legally enforceable agreement between the provider and the consumer that allows the consumer to own, rent, or occupy, the residence and provides protection against eviction.
- ***Federal Requirement #7:** The setting provides for privacy in units including lockable doors, choice of roommates/housemates, and freedom to furnish and decorate the sleeping or living units within the lease or other agreement.
- ***Federal Requirement #8:** The setting provides options for individuals to control their own schedules including access to food at any time.
- ***Federal Requirement #9:** The setting provides individuals the freedom to have visitors at any time.
- ***Federal Requirement #10:** The setting is physically accessible.