

Why Is This Important?



Nebraska Healthy People 2020: Nutrition and Weight Status

The prevalence of obesity among adults, adolescents and children has risen considerably over the past two decades in the United States. Being overweight or obese often results in a variety of health problems and has been linked to increased risk of death. According to HealthyPeople.gov, being overweight or obese substantially raises the risk of being diagnosed with heart disease and stroke, high blood pressure, elevated blood cholesterol levels, type 2 diabetes, endometrial cancer, breast cancer, prostate cancer, colon cancer, gallbladder disease, arthritis, sleep disturbances, and breathing problems. Obese persons (both children and adults) may also suffer from social stigmatization, discrimination and lowered self-esteem.

Indicators

	Time Period	Actual Value	Target Value	Current Trend	Baseline %Change
HP2020 Percentage of children aged 10-17 who are obese (BMI at 95th percentile or above).	2011	13.8%	12.4%	→ 0	0% →

Story Behind the Curve

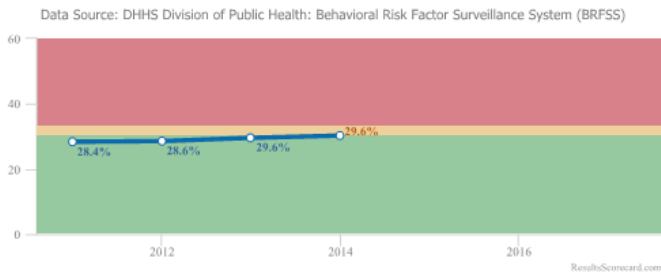
National Comparison (2011-2012): 15.7%

Nebraska Racial/Ethnic Comparison (2011-2012):

- White NH: 12.1%
- Black NH: 23.1%
- Hispanic: 21.8%
- Other NH: 12.9%

NH = Non-Hispanic

HP2020 Percentage of adults aged 18 and over who are obese (BMI 30 or higher).	2014	30.3%	29.6%	↗ 3	7% ↗
	2013	29.6%	—	↗ 2	4% ↗
	2012	28.6%	—	↗ 1	1% ↗
	2011	28.4%	—	→ 0	0% →



Story Behind the Curve

National Comparison 2013: 29.4%

Nebraska Racial/Ethnic Comparison (2011-2013, combined, age-adjusted):

- White NH: 28.5%
- African American NH: 35.4%
- Native American NH: 38.8%
- Asian/Pacific Islander NH: 11.2%
- Hispanic: 32.4%

NH = Non-Hispanic

Why Is This Important?

The Nebraska Office of Governor Pete Ricketts hosts a 'How Nebraska Ranks' webpage reflecting five areas that will track how Nebraska ranks in a variety of key categories. The webpage is part of the Governor's continued commitment to apply business principles to government by measuring performance, improving operational excellence, and building a customer-friendly culture.

The "How Nebraska Ranks" page features rankings in five key categories: jobs and economic development; education and workforce development; fiscal strength; public

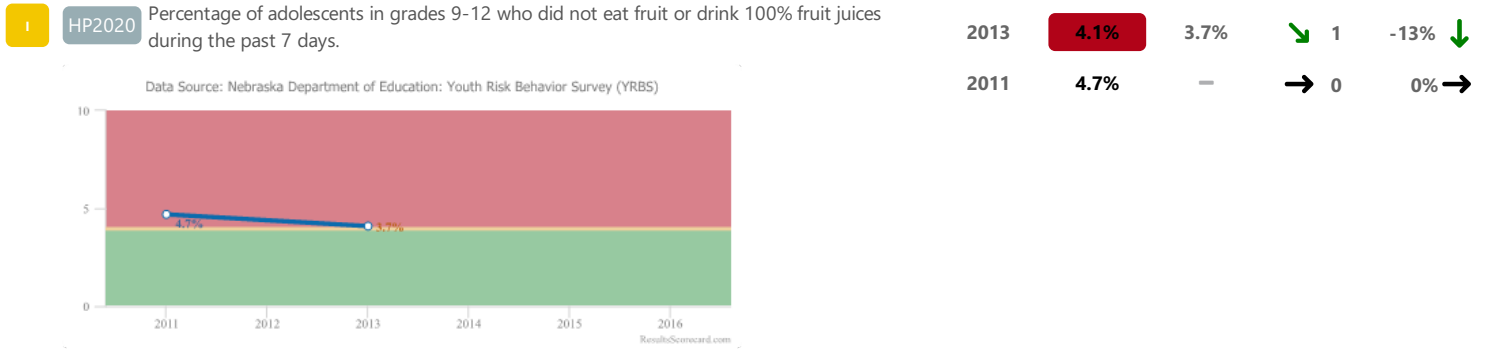
safety; and health and welfare. "How Nebraska Ranks' is an online transparency tool that will allow Nebraska taxpayers to see how our state ranks nationally," said Governor Pete Ricketts.

The Health and Welfare category includes seven measures using data indicators that reflect the Nebraska data and the national rank:

- Overall Health Ranking
- Smoking
- Obesity - **The indicator above is the measure used on the 'How Nebraska Ranks' webpage.**
- Infant Mortality
- Immunization Coverage
- Teen Birth Rate
- Average Time to Adoption

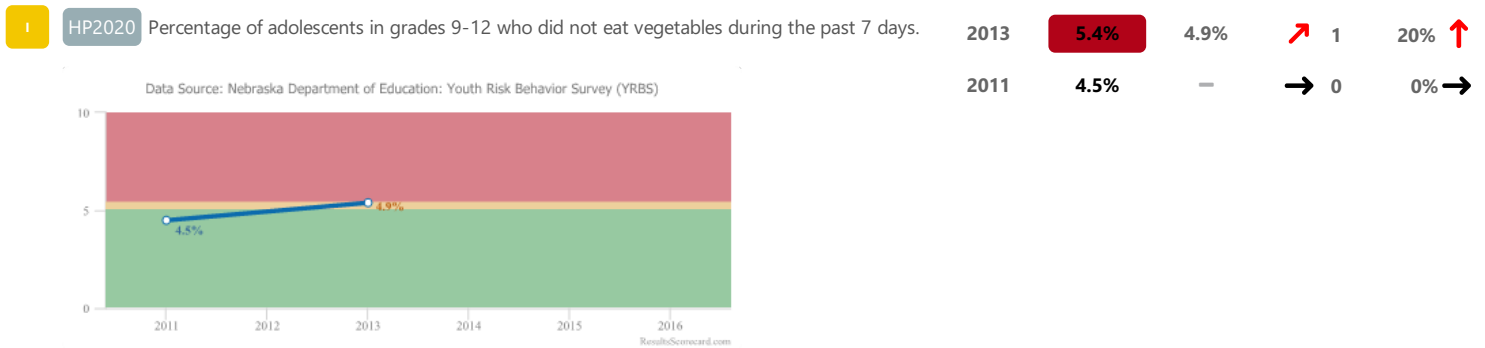
The 'How Nebraska Ranks' webpage can be accessed at www.governor.nebraska.gov/statistics, and will be updated on a regular basis to reflect ongoing changes in the individual rankings.

Click here for the press release about the unveiling of the 'How Nebraska Ranks' webpage: <https://governor.nebraska.gov/press/gov-ricketts-u...>



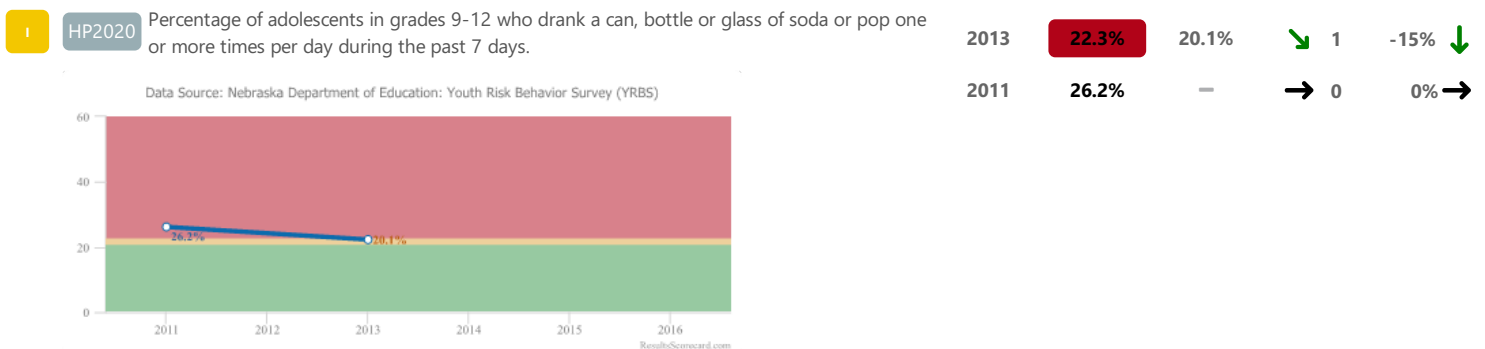
Story Behind the Curve

National Comparison 2013: 5.0%



Story Behind the Curve

National Comparison 2013: 6.6%



Story Behind the Curve

National Comparison 2013: 27.0%

This scorecard is created to track performance, therefore the demonstration of data within color markers identifies the boundaries of what we define as success. In some instances, a trend may be moving in the wrong direction, but still may be within our 'Target for Success' area. The use of Color Bands and Color Arrows help to define the Target for Success and Current Progress.

Green, Black and Red arrows are used to reflect our 'Current Progress' status.

- GREEN Arrow = We're getting better!
- BLACK Arrow = We're maintaining our position.
- RED Arrow = We're going in the wrong direction.

Green, Yellow or Red color bands are used to reflect our 'Target for Success' zones.

- GREEN Color Band = We've reached our Target for Success!
- YELLOW Color Band = We're making progress, but not quite there yet.
- RED Color Band = We're below our Target for Success.

Data is described with the Time Period, Actual Value, Target Value, Current Trend and Baseline Change %. These mean:

- Time Period - The most current time period for which the data were available.
- Actual Value - The actual level of achievement, the most current data point for the indicator; also shown in a Color Band to reflect if that value is or is not within our Target for Success zone.
- Target Value - The desired level of achievement for the data indicator.
- Current Trend - The direction of progress is shown by a Color Arrow to reflect our Current Progress status, and also noting for how many data points the direction been occurring.
- Baseline Change % - The percentage of change between the baseline data point and the current data point (actual value); also shown with a Color Arrow to describe Current Progress status.

Actions

Name	Assigned To	Status	Due Date	Progress
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File Attachments

File Name
