

# Community Health Hubs National Diabetes Prevention Program (DPP) Guidance



## Program Requirements

- Completion of Lifestyle Coach training and/or certificate of completion from Emory University, the American Diabetes Association (ADA), or Master NDPP Trainer to facilitate National DPP classes.
- Establish community partnerships with certified/recognized National DPP lifestyle coaches/sites for local health department (LHD) to engage and enroll women **age 40-64** in DPP and capture required data.
- **CDC Recognition** is required for LHD's to show that their organization meets CDC standards and can effectively deliver the program. LHD's must apply for recognition. **To participate in a CDC-recognized lifestyle change program, organizations must meet ALL 4 requirements:**
  - a. Be 18 years or older.
  - b. Have a body mass index (BMI) of 25 or higher (23 or higher if you are Asian American).
  - c. Not be previously diagnosed with type 1 or type 2 diabetes.
  - d. Not be pregnant.

Must meet Standard requirements 1-3: Requirement 1: **Submit an application for CDC recognition (<https://dpp.cdc.gov/>)**. Requirement 2: **Use a CDC-approved curriculum**. Requirement 3: **Agree to the intervention duration (12 months)**.

## Reimbursement Eligibility

- Every Woman Matters & WISEWOMAN (EWM/WW) clients on Health Coaching list who enroll in the National DPP and attend week 1 (\$150 per client).
- Women who meet population based screening requirements (Females age 40-64, DOB, height, weight, waist circumference (*optional*), two blood pressures, **total cholesterol**, completion of *Community Based Health Coaching Pre-Assessment* and attend National DPP week 1 (\$150 per client).
- National DPP is now a covered benefit for Medicare clients; to be reimbursed for the program you must apply to become a Medicare DPP supplier. Please contact the DHHS Chronic Disease Prevention and Control Program for further information at (402) 471-0505 or visit [www.CMS.gov](http://www.CMS.gov) for more information.

## Health Coaching

3 HC sessions are required by email, in-person, phone or via text during the first 12 weeks of National DPP classes. Allows the opportunity to provide specific coaching for women enrolled in our Program and from the community who meet our age parameters of 40-64.

## Data Entry

### Med-It (*EWM/WW clients*)

- Enter 3 health coaching sessions by selecting the [National Diabetes Prevention Program](#) as the HBSS for each session.
- Record post biometrics (height, weight, 2 BP's) at or following week 12 (total cholesterol is NOT required for post if client was below 240 mg/dl at the time of their provider visit)
- LHD health coach completes *Follow-up Assessment* and enters post biometrics of an EWM client during third HC session (add'l \$50 for completion of *Follow-up Assessment* and post biometrics).

## Data Entry

### Med-It (*Community clients who meet program parameters*)

- Complete *Community Based Health Coaching Pre-Assessment* with women who meet program parameters for health coaching.

- Enter 3 health coaching sessions by selecting the [National Diabetes Prevention Program](#) as the HBSS for each session.
- Record post biometrics (height, weight, 2 BP's) at or following week 12 (total cholesterol is NOT required for post if client was below 240 mg/dl at the time of their initial screening).
- LHD health coach completes *Community Based Health Coaching Post Assessment* with client and enters post biometrics during third HC session (add'l \$50 per client for completion of post assessment and biometrics).

## **QTAC COMPASS**

- Web based workshop and data management tool that meets HIPPA standards and CDC requirements. This tool assists organizations to easily collect data from National DPP classes and generate CDC required reports with the click of a button. It is provided at no cost through the Chronic Disease Prevention and Control Program. Please reach out to the CDPCP for more information.