

# **Pediatric Mental Health Care Access Program:**

## **Clinical Demonstration Project**

**Holly Roberts, Ph.D.**

**Christian Klepper, PsyD.**

**Joseph Evans, Ph.D.**



**University of Nebraska  
Medical Center**

MUNROE-MEYER INSTITUTE

# Munroe-Meyer Institute

- **MMI mission:** to lead the world in transforming the lives of all individuals with disabilities and special health care needs, their families and communities through outreach, engagement, premier educational programs, innovative research and extraordinary patient care.



# Munroe-Meyer Institute



444 S. 44<sup>th</sup> St. (across from the ED at UNMC)



# Munroe-Meyer Institute

## **15 Departments (500 employees)**

- Center for Autism Spectrum Disorders
- Community Engagement
- Developmental Medicine
- Developmental Neuroscience
- Education and Child Development
- Genetic Medicine
- Human Genetics Laboratory
- Occupational Therapy
- Pediatric Feeding Disorders
- Physical Therapy
- Psychology
- Recreational Therapy
- Speech Language Pathology



# Munroe-Meyer Institute

- **Goals at MMI include:**
  - Education
  - Training
  - Research
  - Clinical Services

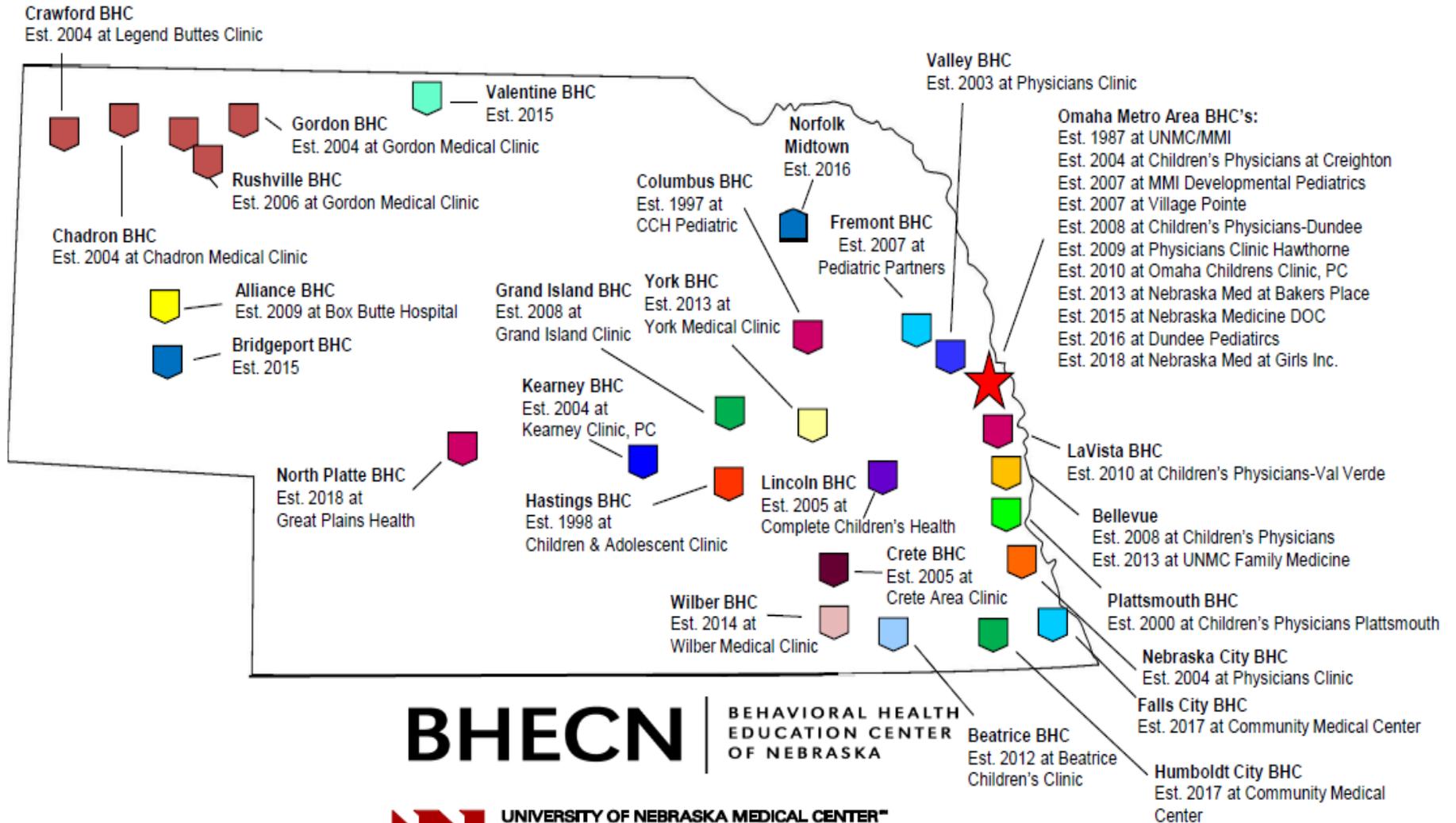


# Clinical Demonstration Project Goals

- Improve access for children and families to pediatric mental and behavioral health services
  - Utilize our existing network of integrated behavioral health clinics across Nebraska



# Munroe-Meyer Institute Department of Psychology Behavioral Health Clinics



**BHECN**

BEHAVIORAL HEALTH  
EDUCATION CENTER  
OF NEBRASKA



UNIVERSITY OF NEBRASKA MEDICAL CENTER  
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# Clinical Demonstration Project Goals

- Enhance early screening of behavioral health disorders in childhood and adolescence
- Increase the number of clinics utilizing integrated behavioral health in primary care (especially in rural/underserved areas)
- Develop a consultation service network between primary care and the behavioral health expert team
- Utilize telehealth and phone by consultation team to increase access to mental/behavioral health services
- Educate providers and expert team on screening and telehealth
- Increase diversity and cultural competence of the primary care behavioral health providers



# Progress: Screening

- Developed a questionnaire to survey primary care providers on current screening practices
- Screening questionnaire development team:
  - Holly Roberts, Ph.D.
  - Therese Matthews, MSN, Ph.D.
  - Cynthia Ellis, M.D.
  - Christian Klepper, Psy.D.
  - Dejun Su, Ph.D.

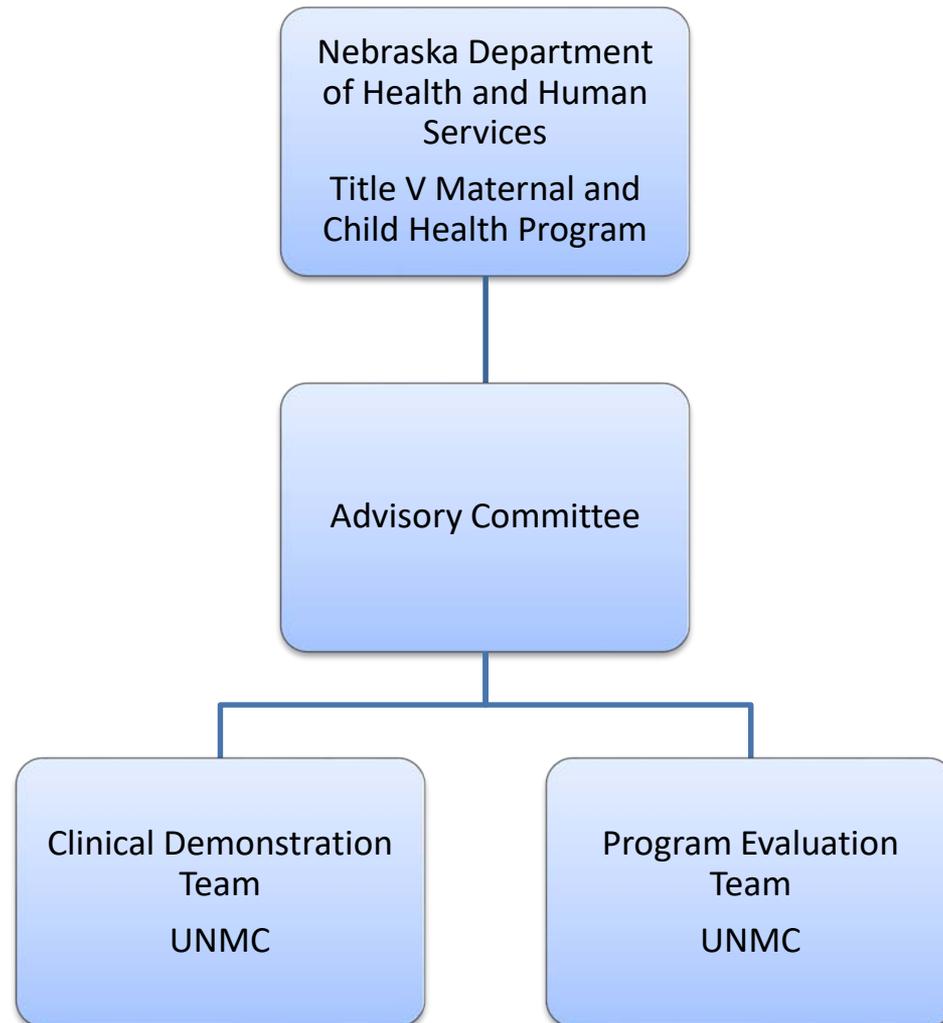


# Progress: Increase Behavioral Health In PC

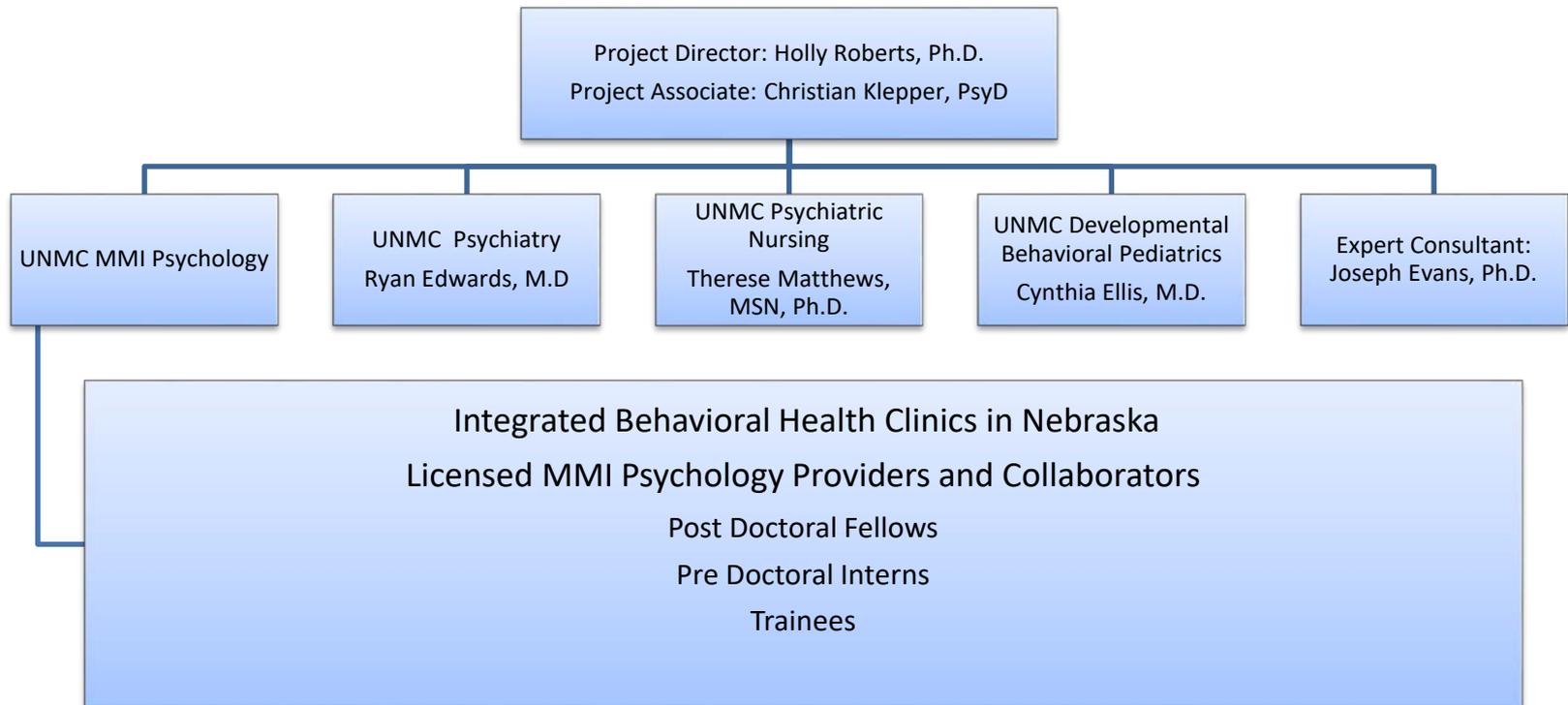
- Deployed post doctoral fellows in rural integrated primary care sites (Chadron/Alliance, Columbus, Omaha)
- Ongoing effort for expansion of behavioral health providers integrated in primary care
- Most recent clinic development:
  - Great Plains Health (North Platte, NE) in November 2018
  - Beatrice/Gage County Hospital (Wymore, NE) projected in July 2019
  - Memorial Community Hospital (Blair, NE) presentation in August 2018
  - Cass County, NE expansion



# Pediatric Mental Health Care Access Program Organization



# Clinical Demonstration Team Organizational Chart



# Progress: Develop an Expert Consultation Team

- Holly Roberts, Ph.D.
- Christian Klepper, PsyD.
- Joseph Evans, Ph.D.
- Cynthia Ellis, M.D.
- Therese Mathews, Ph.D., APRN
- Ryan Edwards, M.D.



# Progress: Develop an Expert Consultation Team

- The team has met and has ongoing communication regarding the expert consultation service
  - Development of the guidelines of the service (meetings and electronic correspondence to refine consultation service)
  - Development of a schedule for the team to respond to consultation requests
  - Development of a website on the UNMC/MMI website for requests
    - Implementation of data for tracking the service on the webpage
    - Implementation of Qualtrics to record data
    - Preview of the website will be available in the next week



# Progress: Use of Telehealth for Consultation Services

- Zoom
  - HIPAA compliant web-based (telehealth) platform
  - Training has started with the expert team on the use of Zoom
  - Will be ensuring the Zoom will be useful in rural areas



# Next Steps

- Meet with DHHS and Dejun Su to discuss
  - Data tracking for the project
  - Finalize screening questionnaire
  - Website preview
  - Qualtrics preview
  - Marketing materials for consultation service





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