Information, Support & Safety

NEBRASKA STATE PLAN
for Alzheimer's Disease and Related Dementias

33,000
Nebraskans are living with Alzheimer's disease or a related dementia.

Information

GOAL
Nebraskans living with dementia and their caregivers have the INFORMATION to manage their lives.

- Resources by county and a one-point-of-entry web portal at www.adrcnebraska.org.
- A comprehensive Care Planning Checklist for Nebraskans living with ADRD and their caregivers.
- Downloadable documents such as *Nebraska Power of Attorney for Health Care* on all state resource sites.
- A standard ADRD assessment(s) to be conducted at annual Medicare Wellness visits in Nebraska.
- Targeted outreach to counties with large ethnic populations.
- An Alzheimer's and Related Dementia Registry.
- Cognitive Impairment and Caregiver Modules in the Behavioral Risk Factor Surveillance System (BRFSS).
- Brain Health Resource Tools, including the HealthyBrain.gov website through Area Agencies on Aging and Senior Centers.
- Direct access to free informal/unpaid caregiver training.

Support

GOAL
Nebraskans living with dementia and their caregivers have the SUPPORT needed to maintain their health and well-being.

- Community assessment and resource tools for individual communities to become dementia-capable/dementia-friendly.
- Additional locations to administer telehealth mental services and geriatric cognitive assessments in rural Nebraska.
- Dementia training to all first-responders and public-facing state and city employees in Nebraska.
- Participation in Senator Riepe's LR602 interim study to examine the existing barriers to the delivery of healthcare services through telehealth technology in Nebraska.
- Training tools and a Nebraska Dementia-Friendly Endorsement for quality standards for workforces working directly with ADRD patients.
- Free dementia training for public-facing private entities including banks, grocery stores & pharmacies.
- Establishment of Adult Day Services and Respite Care providers in rural communities and in under-served zip codes in urban communities.
- Tuition reimbursement or student loan forgiveness for rural-based professionals who commit to working in dementia care.

Safety

GOAL
Nebraskans living with dementia are SAFE.

- Direct Nebraskans to the Driver's Contract available through Nebraska's Alzheimer's Association.
- Implement Finding Your Way Program to aid in wandering and Promote Alzheimer's Association/Medic Alert program on the ADRD web portal.
- Participate in Senator Davis's LR507 interim study of a public notification system to broadcast alerts when vulnerable adults go missing.

FOR MORE INFORMATION OR TO GET INVOLVED PLEASE CONTACT:

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THE HISTORY

MARCH 31, 2014

LB690, a bill introduced to the Nebraska Legislature by Senator Kate Bolz, was passed into law. LB690 created the "Aging Nebraskans Task Force".

This Task Force drafted a strategic plan to support Nebraska's aging population, which was presented to the Nebraska Legislature in December 2014. One of the recommended categories included in the strategic plan for Nebraska's aging population was a special focus on our state's aging population with Alzheimer's Disease and Related Dementias (ADRD).

JANUARY 2015

LB320 was introduced by Senator Bolz, which would set into motion the implementation of some of the recommendations that the "Aging Nebraskans Task Force" had presented in December. In March 2015, Senator Al Davis introduced an amendment to LB320 that would provide the governance necessary for the "Aging Nebraskans Task Force" to develop a State Plan specific to Nebraska's special population of those living with Alzheimer's Disease and Related Dementias.

MAY 27, 2015

Nebraska's Governor Ricketts signed into law LB320. This state plan is the result of that legislation.

To access the full plan visit:
http://dhhs.ne.gov/medicaid/Aging/Pages/AgingHome.aspx