



## ICISF Assisted Individuals in Crisis (Peer Support)

January 19<sup>th</sup> & 20<sup>th</sup>, 2024  
8790 "F" Street, Omaha, NE  
8:30 am—3:30 pm both days

### **COURSE DESCRIPTION**

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid". This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention.

### **TARGET AUDIENCE**

This accredited continuing education activity is designed for nurses, first responders (ie. EMS, Fire, law enforcement, dispatch, corrections, EMA) psychologists, and other health care professionals involved in emergent management.

### **EDUCATIONAL OBJECTIVES**

At the conclusion of this activity, the participants should be better able to:

- Discuss the importance of psychological crisis intervention (PFA) and how it identifies the "psychological toxicity" of a critical incident/ disaster.
- Describe the roles involved in Critical Incident Stress Management (CISM) throughout the continuum of care.
- Identify the risks of iatrogenic "harm" associated with psychological crisis intervention and how to reduce those risks.
- Review research relevant to the practice of psychological crisis intervention.
- Articulate common psychological and behavioral reactions of someone in crisis and effective strategies or tools to improve listening and communication based on the SAFER-R model.
- Apply key concepts and steps in the SAFER-R model of individual psychological crisis intervention/ PFA for suicide intervention.

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## ACCREDITED CONTINUING EDUCATION



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INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, University of Nebraska Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Nurses/Nurse Practitioners

The University of Nebraska Medical Center designates this activity for 13.0 ANCC contact hours. Nurses should only claim credit for the actual time spent participating in the activity.



13.0 Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.



13 Contact Hours: 1.3 General CEUs from University of Maryland, Baltimore County (UMBC) Dept. of Emergency Health Services Professional and Continuing Education (PACE)

Profession Specific Contact Hours:

13 PDHs from EAPs (Expiration Date – May 31, 2023)

CE Credits for National Certified Addiction Counselors (Expiration Date – February 28, 2023)

### What is the COST?

Peer Registration \$100.00

Mental Health Registration \$200.00

**Statewide CISM Team Members—Free**

Email [Debbie.kuhn@nebraska.gov](mailto:Debbie.kuhn@nebraska.gov) if you wish to attend and are a team member

### How Do I register?

Either online or by mail. Payment must be received before the class begins.

Invoicing can be arranged

Class registrations close one week prior to the course

### Questions:

Debbie Kuhn, CISM Program Manager

[Debbie.kuhn@nebraska.gov](mailto:Debbie.kuhn@nebraska.gov) 402-326-0173

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Registration Form

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8790 "F" Street, Omaha, Nebraska

For Online Registration and Credit Card Payment (PayPal)

<https://wallybarnettfoundation.org/training/>

OR Mail Registration and check

Wally Barnett CISM Foundation, 802 Country View, Firth, NE 68358

Internal Use Only:

First Name: \_\_\_\_\_ Last Name \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Profession: \_\_\_\_\_ Agency: \_\_\_\_\_

  

Peer Registration      \$100.00

Mental Health Registration \$200.00

Current Statewide CISM Team—Free

Registration Entered \_\_\_\_\_

Name on Check \_\_\_\_\_

Check # \_\_\_\_\_ Check Amount \_\_\_\_\_