

MEETING MINUTES
Palliative Care Advisory Council
August 6, 2018
1:00 p.m. to 3:00 p.m.
Lincoln, NE

Members In Attendance:

Holly Adams
Stephen Lazoritz
Andrew Macfadyen
Todd Sauer

Sabrina Schalley
Stacie Sinclair
Marcia Cederdahl
Linda Rock
Rebecca Martinez

Staff:

Shirley Pickens-White
Andrea Wenke
Christine Esch
Sara Morgan

Call To Order:

Dr. Lazoritz called the Palliative Care Council meeting to order at 1:00 p.m. and introductions were made. The WellCare office prepared the luncheon for the August 6, 2018 meeting. Dr. Lazoritz mentioned that the open meeting act was posted which everyone could read.

Open Meeting Act Location Announcement: In accordance with Section 84-1412 of the Nebraska Revised Statutes, a copy of the Nebraska Open Meetings Act is located on the counter near the door.

Approval of minutes:

Dr. Lazoritz reviewed the minutes from the May 7, 2018 meeting. Holly Adams made the motion to approve the minutes and Dr. Macfadyen second the motion.

Website review:

Andrea went over the palliative care website with the council. The link to the website is: <http://dhhs.ne.gov/publichealth/PalliativeCare/Pages/Home.aspx>. Andrea mentioned that Marcia Cederdahl, Stacie Sinclair and other members from the council gave some suggestions for the website. Andrea went over the changes on the website which included changing the definitions. Andrea talked about putting other types of languages besides Spanish on the website and Stacie Sinclair stated that Massachusetts palliative care has multiple languages on their brochures.

Sara Morgan stated that depending on the licensing status of a palliative care program, we could include a disclaimer indicated which are licensed programs and which were not. Dr. Macfadyen stated that CHI has palliative care on their website and Holly Adams mentioned that they were updating their website to be more comprehensive for the providers and consumers to use.

Dr. Lazoritz suggested that everyone in the Council should check the website once a month to see if there is anything to update on the website and Sabrina Schalley agreed to it. Dr.

Macfadyen made a motion to divide up the months and each member take a month to look over the website and Rebecca Martinez second the motion. Stacie Sinclair suggested putting in the about us page the council meeting minutes or add any written documents that the council will be creating on the website.

Opioid Policy Paper:

Stacie, Holly and Marcia presented a draft of their “Opioid Use Position Paper.” Below is a link to the draft policy:



NE PC
Council_Draft Opioid

Stacie wanted to know from the Legislature if the Council can provide input on prescribing opioids, including:

- 1) What are the risks of over restricted policy?
- 2) Guidance on good policy?
- 3) How we could be of some service?

Stacie stated as Nebraska policymakers explore additional options to protect Nebraskans from the harms of opioid misuse and abuse the Council recommends a balanced approach that will address the underlying causes of the opioid crisis while preserving access for patients in need. Stacie Sinclair suggested putting the opioid policy paper on the website. Dr. Lazoritz stated since the council is appointed by the Governor:

- 1) Is the council responsible to show the policy paper to the Governor first?
- 2) Dr. Lazoritz wanted to know will the Governor support the council on this paper.
- 3) Should there be an endorsement from the Governor which would be a good first endorsement.

Dr. Macfadyen agreed to show the opioid policy paper to other people that would have a broader input in it. Holly Adams suggested going to the DHHS committee through the Unicameral. Stacie Sinclair suggested getting feedback from the Council on the policy paper and then discuss it at the next council meeting on Nov 5, 2018. Sabrina Schalley wanted to know when would be the next feedback from the council on the opioid policy paper and Stacie Sinclair suggested on or before September 7, 2018.

Preliminary Thoughts on Policy Recommendations:

Stacie presented a paper that outlined various barriers to accessing palliative care in Nebraska, and proposed possible goals and policies to address those barriers, including adopting a set palliative care definition and mirroring national standards. Below are links to the presentations:



NE Policy
Options_v1.pptx



NE Policy
Recommendations_Definition and Stan



State Palliative Care

Dr. Lazoritz suggested talking more about the first slide of the policy barriers bucket #1 foundational in Staci's policy options presentation at the next palliative care meeting in November. The first slide stated that:

- In statute/regulations:
 - No basic standards on specialty palliative care in NE beyond hospice
 - No expectations for primary palliative care
- Need to document the Serious Illness Landscape in NE (need and capacity)

Introduction to CAPC and its resources:

Stacie went over CAPC and its resources and sent copies of the presentation to council members. This is a link to the presentation:



CAPC Resources
(Prepared for NE Ad

Additional links to CAPC research initiatives:

- <https://registry.capc.org>
- <https://mapping.capc.org>

Best Practices:

Dr. Lazoritz wants to continue discussing best practices at the next Council meeting in November and the Council agreed.

Thoughts for next meeting:

Dr. Lazoritz stated that November is Palliative Care Month and made suggestions as to what the Council could do to promote awareness:

- Show public awareness on palliative care
- Sabrina Schalley suggested doing a proclamation from the Governor.
- Andrea suggested doing something from Twitter and facebook
- Promote rural communities on palliative care

Location for next meeting:

Dr. Lazoritz stated that the next meeting for palliative care is November 5, 2018 and Dr. Macfadyen sent out information to the Council members for the location at the next meeting, which will be at the Children's Hospital and Medical Center in Omaha from 1:00 – 3:00.

Meeting Adjourned at 3:00 p.m.

Meeting Minutes: Christine Esch