

**CHILD CARE CENTER  
CHAPTER 3 REGULATIONS**

**SAMPLE DAILY SCHEDULE**

**MUST INCLUDE:**

- 1. Diaper changing/hand washing 3-006.23B**
- 2. Meals/Snacks 3-006.28A**
- 3. Indoor play 3-006.22**
- 4. Outdoor play (weather permitting) 3-006.22**
- 5. Nap and/or rest periods and other quiet times 3-006.22**
- 6. Opportunities for individual and group play times 3-006.22**
- 7. Opportunities for children to read & explore books 3-006.22**
- 8. Daily reading with children 3-006.22**
- 9. Fostering language/social development 3-006.22**